

## Instructions for supplement purchases

Please read the following instructions carefully to make your supplement purchases easy and enjoyable.

1. In order to get your 5% discount, enter the username "Waldman" and the password "supplements."
2. In order to get your discount, IT IS NECESSARY that you create an account with supplement distributor Emerson Ecologics. This is a one-time exercise. When you see the Emerson Ecologics sign in page, click on "Register Now" or call them directly to set up an account. (1-800-654-4432)
3. They will ask you for your practitioner's name and phone number. Fill in "Helayne Waldman" and 510 479 8876. You will get your own account number for all future use.
4. From then on, simply click on the "order supplements" link on the Turning-the-Tables NavBar, fill in your Emerson account information as requested, and make your selections.